

# Massage TREATMENTS

**BACK MASSAGE**  
15 MINUTES - £20

**BACK MASSAGE**  
30 MINUTES - £33

**BACK MASSAGE + SCALP MASSAGE**  
45 MINUTES - £48

**FULL BODY MASSAGE**  
60 MINUTES - £65

ENJOY A RELAXING BACK, SHOULDER AND NECK MASSAGE.

**INDIAN HEAD MASSAGE**  
15 MINUTES - £20

**INDIAN HEAD MASSAGE**  
30 MINUTES - £30

**INDIAN HEAD MASSAGE**  
45 MINUTES - £45

**COURSE OF 5 SESSIONS**  
30 MIN/SESSION - £130

INDIAN HEAD MASSAGE RELIEVES ACHES, PAINS AND TENSION IN YOUR NECK, BACK AND SHOULDERS. IT IMPROVES THE TEXTURE OF YOUR HAIR AND ENCOURAGES IT TO GROW. INDIAN HEAD MASSAGE STIMULATES THE FLOW OF BLOOD, LYMPH AND OXYGEN IN THE UPPER BODY, AND THEREFORE MAY CLEAR YOUR SINUSES, RELIEVE STRESS AND HELP YOU TO SLEEP BETTER.

**BACK & INDIAN HEAD MASSAGE**  
60 MINUTES - £55

## ARE YOU FOLLOWING US?

📷 [REVIVE\\_BEAUTYLOUNGE](#) 📍 [REVIVEBEAUTYLOUNGE1](#)

TO BOOK AN APPOINTMENT  
PLEASE HEAD OVER TO -  
[WWW.REVIVEBEAUTYLOUNGE.BOOK.APP](#)

# Warm BAMBOO MASSAGE THERAPY

**BACK, NECK AND SHOULDERS**  
30 MINUTES - £40

**BACK, NECK AND SHOULDERS & SCALP**  
45 MINUTES - £55

**BACK, NECK AND SHOULDERS & LEGS**  
45 MINUTES - £55

**FULL BODY MASSAGE**  
60 MINUTES - £68

WARM BAMBOO MASSAGE IS A UNIQUE NEW WAY TO RELAX TIGHT MUSCLES AND RELEASE STRESS AND TENSION AND IMPROVE SPORTS PERFORMANCE. WARM BAMBOO MASSAGE USES HEATED BAMBOO CANES THAT HAVE BEEN SPECIFICALLY DESIGNED FOR USE IN MASSAGE. SIMILAR IN CONCEPT TO HOT STONE MASSAGE, THE STICKS USE WARMTH TO WORK ON MUSCLES MORE DEEPLY THAN CAN BE ACHIEVED BY TRADITIONAL SWEDISH MASSAGE TECHNIQUES. AS A RESULT, MUSCLES ARE RELAXED MORE QUICKLY AND THE BENEFICIAL EFFECTS OFTEN LAST LONGER.

# HAND reflexology

**HAND REFLEXOLOGY MASSAGE**  
30 MINUTES - £30

**COURSE OF 5 SESSIONS**  
30 MIN/SESSION - £130

HAND REFLEXOLOGY IS A MASSAGE TECHNIQUE THAT PUTS PRESSURE ON VARIOUS REFLEX POINTS AROUND THE HANDS. THE BELIEF IS THAT THESE POINTS CORRELATE TO DIFFERENT BODY PARTS AND THAT MASSAGING THE POINTS CAN HELP RELIEVE THE SYMPTOMS IN OTHER AREAS OF THE BODY.

HAND REFLEXOLOGY CAN HELP TO REDUCE CONSTIPATION, EASE SHOULDER ACHES, ALLEVIATE HEADACHES, IMPROVE BLOOD CIRCULATION, ALLEVIATE BACK PAIN, REDUCE ALLERGY SYMPTOMS, AND OPEN AND RELIEVE SINUS PAIN.

# EAR candle TREATMENT

**30 MINUTES SESSION - £30**

**COURSE OF 5 SESSIONS**  
30 MIN/SESSION - £130

**45 MINUTES SESSION**  
**INCLUDING SCALP MASSAGE**  
- £45

**COURSE OF 5 SESSIONS**  
45 MIN/SESSION - £200

THIS AGE-OLD THERAPY, ALSO KNOWN AS THERMO-AURICULAR THERAPY, IS NOT ONLY RELAXING AND REJUVENATING, BUT ALSO HELPFUL FOR A VARIETY OF EAR, NOSE AND THROAT CONDITIONS.

HOPI-EAR CANDLE TREATMENT CAN BE ENJOYED PURELY FOR RELAXATION PURPOSES, BUT THE PROCESS IS BELIEVED TO BE HELPFUL FOR MANY PROBLEMS AND CONDITIONS, INCLUDING THE FOLLOWING:

- SINUSITIS • TINNITUS • HAY FEVER • CATARRH • HEADACHES • IRRITABILITY AND STRESS • MAY HELP TO LOOSEN EXCESSIVE EAR WAX • EAR PRESSURE CAUSED BY FLYING • VERTIGO •

# SPA & *facial* TREATMENTS

## **DRY BRUSH WITH NATURAL SISAL BRUSH, MASSAGING OIL** 30 MINUTES - £33

STIMULATES THE CIRCULATION AND LYMPHATIC SYSTEM, HELPS TO ELIMINATE TOXINS, IMPROVES BLOOD CIRCULATION, IMPROVES THE APPEARANCE OF CELLULITE AND REDUCES WATER RETENTION. LEAVES THE SKIN SMOOTHER AND FIRMER WHILST STIMULATING THE BLOOD AND CIRCULATION IN THE AREA THAT HAS BEEN TREATED

## **BACK FACIAL TREATMENT** 60 MINUTES - £65

ENJOY A BACK CLEANSING TREATMENT, FOLLOWED BY A HYDRATING BACK MASK AND FINISH OFF WITH A RELAXING BACK MASSAGE.

## **EXPRESS FACIAL** 30 MINUTES - £30

ENJOY 30 MINUTES OF RELAXATION. THIS FACIAL INCLUDES SKIN ANALYSIS, STEAM, CLEANSING, TONING, EXFOLIATING, FACE MASK, FACE, NECK AND SHOULDER MASSAGE - FINISHED WITH MOISTURISER.

## **DELUXE FACIAL** 60 MINUTES - £35

ENJOY 1 HOUR OF RELAXATION. THIS FACIAL INCLUDES SKIN ANALYSIS, STEAM, CLEANSING, TONING, EXFOLIATING, FACIAL MASK, FACE NECK AND SHOULDER MASSAGE - FINISHED WITH MOISTURISER.

## **EXCLUSIVE FACIAL** 60 MINUTES - £40

ENJOY 1 HOUR OF RELAXATION. THIS FACIAL INCLUDES SKIN ANALYSIS, STEAM, CLEANSING, TONING, EXFOLIATING, FACIAL MASK, FACE, NECK, SHOULDER AND SCALP MASSAGE - FINISHED WITH MOISTURISER.

## **REVIVE SIGNATURE FACIAL TREATMENT** 90 MINUTES - £70

ENJOY 1 HOUR AND 30 MINUTES OF MAXIMUM RELAXATION. OUR REVIVE SIGNATURE FACIAL TREATMENT INCLUDES THE EXCLUSIVE FACIAL WITH WARM BAMBOO AND ROSEWOOD STICK FACIAL MASSAGE, PLUS A HAND REFLEXOLOGY MASSAGE.

# *Dermaplaning*

DERMAPLANING IS A SUPER EFFECTIVE EXFOLIATING TREATMENT IN WHICH A SURGICAL SCALPEL IS USED TO GENTLY SCRAPE OFF ANY DEAD SKIN CELLS ON THE SURFACE OF YOUR SKIN (ALONG WITH THE PEACH FUZZ ON YOUR FACE). THIS WILL REMOVE THE BUILD-UP OF DEAD SKIN AND MICROSCOPIC HAIRS THAT CAN MAKE YOUR COMPLEXION APPEAR DULL, FLAKY, AND CAN EVEN CAUSE BREAKOUTS DUE TO CLOGGED PORES AND HAIR FOLLICLES. THIS IS WHY THIS FORM OF MECHANICAL EXFOLIATION IS BENEFICIAL FOR MAINTAINING AN EVEN, HEALTHY GLOW.

### **BASIC DERMAPLANING** 50 MINUTES - £35

DOUBLE CLEANSE, DERMAPLANING, PEEL, MOISTURIZER

### **DELUXE DERMAPLANING** 90 MINUTES - £55

DOUBLE CLEANSE, DERMAPLANING, PEEL, MASK, MOISTURIZER

### **LUXURY DERMAPLANING** 120 MINUTES - £85

DOUBLE CLEANSE, STEAM, DERMAPLANING, PEEL, NECK AND SHOULDERS MASSAGE MASK, MOISTURIZER, HAND REFLEXOLOGY

## **OPENING HOURS**

MONDAY - 09:30 - 14:00

BY APPOINTMENT

TUESDAY - 09:30 - 18:00

WEDNESDAY - 09:30 - 17:00

THURSDAY - 09:30 - 18:00

FRIDAY - 09:30 - 17:30

SATURDAY - 09:30 - 15:00

SUNDAY - CLOSED

**01621 502 587**

**salon@revivebeautylounge.co.uk**

51 Church Road,  
Tiptree CO5 0SU

# *Holistic Treatments*



# *Price List*



[WWW.REVIVEBEAUTYLOUNGE.CO.UK](http://WWW.REVIVEBEAUTYLOUNGE.CO.UK)